

Kiveton Park Medical Practice Patient Participation Group

Minutes of Meeting held 17 October 2012

Present: Dr D Say, Marsha Raynes/Assistant Practice Manager, Keith Emsden, Brian Daniels, Barry Winterbottom, Susan Wietscher, Liz Simmonite

Apologies: Matthew Perry, Marilyn White, Charles Hazle/Business Manager

Guest: Dr Joanne Wallis

Improving the numbers:

The group discussed how to improve the numbers in the group. Brian said the group had started off well, but over the past months the numbers had got smaller. Keith wondered if the group met too often and every 2 months may be better or communicate in different ways. Susan said that social media is being used within other areas, but some of the group don't have computers. Brian said that he didn't like media sites, but maybe the group could have a Blog on the practice website and he would talk to NHS Rotherham about Twitter. The practice website advertises the group, but it doesn't inform patients of how to join the group. It was decided that the group would look at designing a handout to go in the practice booklet and that information could be displayed on the Jayex board in the waiting room and also to consider putting information on the patient's prescription. Marsha would look in to this. Local magazines where also considered such as: Your Mag, Todwick News, The Heart and the Church magazine. Dr Say said that the gp's had the ability to invite patients to the group and should do this. Liz said that the NHS was going through lots of change and that we should look at positive changes.

Report on the PCT organised meeting attended by S Wietscher & B Daniels:

Susan said it had been a very informative meeting with excellent speakers. Brian thought there had been too much information given in a small amount of time. Susan said that 50% of Rotherham has a PPG group and some have virtual contact with group meetings every two months and this seemed the way forward. Susan showed a poster displaying the practices in Rotherham with PPG/without PPG and practices hoping to form a PPG.

Dr J Wallis - guest

Dr Wallis thanked the group for allowing her to speak to them. She told the group about her interest in 'Physical Activity' since the Olympics and wondered if the group would like to take on this project. She told the group that she would like Kiveton to head the way in physical activity and that the World Health Organisation had labelled it as 'A global pandemic in physical activity'. Dr Wallis said this involved looking at patients with diseases which are preventable i.e. obesity and smoking and that as gp's they could empower patients to do some form of physical exercise. She told the group she would like to start walking groups from the surgery and would like to find out all the activity groups in S26 and wondered if they could help with this. Dr Wallis gave the group handouts titled: exercise for the active elderly, exercise for the moderately active elderly and exercise for the inactive elderly. Liz said the group would find out what groups were available in the area and Keith said maybe they could have a promotion week informing patients of things available and do this in Waleswood Lodge for a week. Dr Wallis mentioned that she had been on Twitter and found some very useful contacts and used in the correct way was an excellent social media.

Report of Sub Group

Brian said the group had met yesterday and he had also spoken to the Chief Executive of Age UK who was very keen to work with the group. Brian said that the population was getting older and that by 2024 the over 65's would increase by 50% and the over 80,s would double and that this would be a big problem within the community. It was decided that the Practice would look at the patient data base. Dr Say said that a search could be done of different ages and how many over 65's had carers and patients that were in nursing homes etc. Brian said that if the practice could get the numbers, then the group could look at an action plan. Brian said there was a huge amount of work to be done on the care of the elderly.

Patient Survey

Dr Say asked the group if they were prepared to do another patient survey. This was agreed and the group would make a list of questions for him to look at.

News from the Practice

Dr Say said the planning application for an on site pharmacy had been sent to the council and if it was accepted then building would start shortly. He informed the group that Weldricks would be the new pharmacy.

Next meeting

21st November 2012